
Central Sports Co., Ltd.

Financial Results

Explanatory Materials

for the Fiscal Year Ended March 31, 2026



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Fiscal Year Ended March 31, 2026

Financial Highlights

● Consolidated operating results

(Millions of yen)

	March 31, 2025	March 31, 2026	%
Net sales	46,595	48,865	104.9%
Operating profit	1,946	2,680	137.7%
Ordinary profit	1,524	2,257	148.1%
Profit	1,359	1,284	94.5%

● Non-consolidated operating results

	March 31, 2025	March 31, 2026	%
Net sales	40,754	42,325	103.9%
Operating profit	1,871	2,445	130.7%
Ordinary profit	1,408	1,970	139.9%
Profit	1,230	1,300	105.8%

● Consolidated operating results

(Millions of yen)

	March 31, 2025	March 31, 2026
Total assets	41,153	42,284
Equity capital	25,840	26,612
Equity-to-asset ratio	62.8%	62.9%
Interest-bearing debt	4,950	4,562
Dependence on interest-bearing debt	12.0%	10.8%

● Non-consolidated operating results

	March 31, 2025	March 31, 2026
Total assets	37,398	38,972
Equity capital	23,184	23,986
Equity-to-asset ratio	62.0%	61.5%
Interest-bearing debt	5,803	5,913
Dependence on interest-bearing debt	15.5%	15.2%

● Sales by segment (consolidated)

(Millions of yen)

	March 31, 2025	March 31, 2026	%
Fitness segment	22,961	23,602	102.8%
School segment	14,678	14,790	100.8%
Business entrusted segment	6,362	7,050	110.8%
Others (Travel, Shop sales ,etc.)	2,592	3,421	132.0%
Total	46,595	48,865	104.9%

※Totals may differ due to rounding down to the nearest million yen.

● Consolidated Cash Flow

(Millions of yen)

	March 31, 2025	March 31, 2026	Main Breakdown	
Operating cash flow	2,064	3,471	Profit before income taxes	2,000
			Depreciation	1,494
Investment cash flow	△1,953	△1,536	Purchase of property, plant and equipment	△1,773
			Proceeds from collection of lease and guarantee deposits	372
Financial cash flow	△2,195	△947	Repayments of long-term borrowings	△442
			Dividends paid	△504

● Capital investment etc.

	March 31, 2025	March 31, 2026
Depreciation	1,663	1,494
Capital investment	2,002	1,969
Borrowings	701	658

Fiscal Year Ended March 31, 2026

Store openings and closings

● Store openings : 10 stores (Directly Operated:4 , Contracted Operations:6)

Type	Store Name	Location	Opening date
Contract	Sodegaura Health Promotion Support Center	Sodegaura,Chiba	Apr. 1, 2025
Contract	Chofu Municipal Chowa Elementary School	Chofu,Tokyo	Apr. 1, 2025
Contract	Ibaraki City Civic Gymnasium	Ibaraki,Osaka	Apr. 1, 2025
Contract	Ibaraki City Isuzu Civic Pool	Ibaraki,Osaka	Apr. 1, 2025
Contract	Ibaraki City Nishikawahara Civic Pool	Ibaraki,Osaka	Apr. 1, 2025
Contract	Tokyo Tatsumi Ice Arena	Koto, Tokyo	Jun. 1, 2025
Direct	Central Sports Gym 24 Sendai East Exit	Sendai,Miyagi	Apr. 1, 2025
Direct	Central Fitness Club 24 Kunitachi	Kunitachi,Tokyo	Apr. 16, 2025
Direct	Central Fitness Club 24 Ome	Ome, Tokyo	Feb. 1, 2026
Direct	Central Sports Gym24 Kita-Sendai Station	Sendai, Miyagi	Mar. 1, 2026

● Store closings : 6 stores (Directly Operated: 2 , Contracted Operations: 4)

Type	Store Name	Location	Closing date
Direct	Zavas Sports Club Kawasaki	Kawasaki, Kanagawa	Dec. 30, 2025
Direct	Central Fitness Club Nishi-Tokyo	Ome, Tokyo	Jan. 24, 2026
Contract	Jonan Citizens' Pool	Fukuoka, Fukuoka	Mar. 31, 2026
Contract	Sawara Citizens' Pool	Fukuoka, Fukuoka	Mar. 31, 2026
Contract	Kumatori Town General Gymnasium	Kumatori, Sennan District, Osaka	Mar. 31, 2026
Contract	Hyogo Prefectural Culture and Sports Center	Kobe, Hyogo	Mar. 31, 2026

Central Fitness Club 24 Kunitachi



Central Sports Gym 24 Sendai East Exit



Sodegaura Health Promotion Support Center



Management contract for three facilities in Ibaraki City and Chofu City



Ibaraki City Civic Gymnasium

Ibaraki City Isuzu Civic Pool

Ibaraki City Nishikawahara Civic Pool

Chofu Municipal Chowa Elementary School

Tokyo Tatsumi Ice Arena (Contract)



Central Fitness Club 24 Ome



Central Sports Gym24 Kita-Sendai Station



Key Initiatives for the Fiscal Year Ended March 2026

Rolling out new programs one after another

【New Programs】



Fit Fun



Aqua Splash



EXCITE BODY • EXCITE CORE



Pole de Relax

Various events and tours



Lesson in Japan 2025-2026



Wellness Style Challenge



Relay Marathon



Summer Camp for Kids

Nationwide Coaching Tour by Coach Yoji Suzuki (Former Head Coach of the Japan National Team)



Conducted a nationwide coaching tour at Central Sports' athlete courses

Comprehensive Partnership Agreement with Ichikawa City, Chiba



Partnership Agreement for Achieving Japan's Longest Healthy Life Expectancy

Blood Pressure Care Awareness Activities with Mizkan Co., Ltd.



Conducted Blood Pressure Care Awareness Activities through Distribution of NEW Su-SHOT

Avatar Fit Party for Central Sports



Providing online fitness services utilizing avatars

Fiscal Year Ended March 31, 2026

Athletes activity report

2025 Artistic Gymnastics World Championships (Jakarta)



Daiki Hashimoto

**Three Consecutive Titles in
the Individual All-Around**

Men's Horizontal Bar

World Aquatics Championships 2025 (Singapore)



Rin Kaneto

Diving

Mixed 3m & 10m Team

Plan for the Fiscal Year Ending March 2027

● Openings: 2 (1 Direct, 1 Contract)

Type	Store Name	Location	Opening date
Contract	Dekapathos	Kobe, Hyogo	Apr. 1, 2026
Direct	Central Fitness Club 24 Chiba New Town	Inzai, Chiba	Jul. 1, 2026

● Closures: 2 (1 Direct, 1 Contract)

Type	Store Name	Location	Closing date
Contract	BIOSPHERE WELLNESS CLUB (Nishi-Okamoto)	Kobe, Hyogo	Apr. 30, 2026
Direct	Central Sports Gymsta Isehara Ekimae	Isehara, Kanagawa	Jun. 30, 2026

Full-Year Forecast for FYE March 2027

● Consolidated earnings forecast

(Millions of yen)

	March 31, 2026 Results	March 31, 2027 Forecast	%
Net sales	48,865	50,500	103.3%
Operating profit	2,680	3,150	117.5%
Ordinary profit	2,257	2,700	119.6%
Profit	1,284	1,470	114.4%

● Non-consolidated earnings forecast

	March 31, 2026 Results	March 31, 2027 Forecast	%
Net sales	42,325	43,800	103.5%
Operating profit	2,445	2,840	116.2%
Ordinary profit	1,970	2,350	119.3%
Profit	1,300	1,420	109.2%

*The full-year business performance forecast for the fiscal year ending March 2027 has been calculated based on information available to the Company as of May 13, 2026. Actual business performance may differ from the forecast figures due to various future factors.

Based on our corporate philosophy of “contributing to health promotion throughout one’s life,”
Central Sports is committed to creating a wellness society where everyone can live with a smile.

